

Danfe

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विश्वको जुनसुकै स्थानबाट नेपाल पैसा पठाउँन आइएमई गरौं



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पैसा होइन खुशी पठाइदिनु हुन्छ,
जुन म आफन्तसँग बाँड्छु र
हाम्रो भविष्य पनि सुरक्षित राख्छु ।



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रेमिटान्स सेन्टर, कर्पोरेट अफिस, कमलादी, काठमाण्डौ
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विमान भित्र धुम्रपान गर्न
निषेध गरिएको छ ।

**NO SMOKING
ON BOARD**

航班上严禁吸烟!



हाम्रो सबै उडानहरूमा धुम्रपान निषेधित भएकोले उडानमा धुम्रपान गरेको पाइएमा अन्तर्राष्ट्रिय उड्डयन नियम अनुसार, तपाईंलाई कानूनी कारवाही गरिनेछ र अवतरण पश्चात सम्बन्धित विमानस्थलको सुरक्षाकर्मीलाई हस्तान्तरण गरिनेछ ।

All our flights are Non-Smoking Flights; anyone found smoking on board shall be subjected to legal action according to International Aviation Regulation and shall be handed over to local Airport Security upon arrival.

所有航班为无烟航班. 根据国际航空条例, 任何人在机上吸烟, 都将受到法律处罚, 并在抵达后移交给当地机场的安全部门.

THE PRESIDENT'S LETTER



Namaste Atithi,
Welcome onboard!

As the much-anticipated festival season unfolds, I extend my warmest wishes for a joyful, healthy, and prosperous Dashain, Tihar, and Chhath. This festive period is a perfect time for celebrating togetherness.

At the heart of our service is the promotion of people-to-people connections and the enhancement of bilateral trade and tourism between Nepal and the world. We are pleased to announce the resumption of our weekly flights to Kuwait City, effective from August 20, 2024. Due to increasing demand from our passengers, we have also expanded our flight frequency in the region from September.

We are thrilled to offer two weekly direct flights to Kuwait City, the vibrant capital of Kuwait, which presents a wonderful opportunity to explore Kuwait—a city where modern luxury meets rich heritage. Nestled in the heart of the Middle Eastern desert, Kuwait City is the ideal destination for a memorable winter getaway with your loved ones.

In the meantime, we are excited to share that we have resumed our one weekly flight to Shanghai, effective from September 21, while we have been continuously flying to Qingdao, a beautiful coastal city in eastern China.

In line with our commitment to enhancing your travel experience, we are excited to present the latest edition of The Danfe Inflight Entertainment Magazine (Issue 20). This edition features a captivating array of content, including travelogue, interviews, and special features. Enjoy festive tips from the H9 family, explore intriguing destinations such as Kuwait City and Lhasa—the Roof of the World, and gain insights into how Himalaya Airlines prioritises your safety. Additionally, make the most from the financial advice of Anil Keshari Shah, a prominent figure in Nepal's banking sector.

We deeply appreciate your continued support, trust, and patronage.

We look forward to welcoming you on board our next flight.

Thank you,

ZHOU ENYONG

PRESIDENT

Danfe INSIDE



HIMALAYA AIRLINES RESUMES FLIGHTS TO KUWAIT



YOUR SAFETY, H9'S TOP PRIORITY



हिमालय एअरलाइन्स परिवारबाट चाडपर्वलाई रमणीय बनाउने केही सुझावहरू



UNFORGETTABLE LHASA ADVENTURE

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CALENDAR (OCT - DEC)



3rd to 16th October
DASHAIN

Dashain, Nepal's longest Hindu festival, lasts two weeks to honour Goddess Durga. The celebrations include family reunions, gift exchanges, and rituals such as Ghatasthapana and Vijaya Dashami. Tika Day involves visiting relatives, feasting, and wearing new clothes, while pilgrims visit sacred sites. The festival concludes on Kojagrat Purnima, the full moon day, and many people return to their hometowns to reunite with loved ones.



7th November
CHHATH PARVA

Chhath Parva is a vibrant festival celebrated across the Terai region of Nepal. Hindu devotees gather at rivers and ponds to worship the setting and rising sun, seeking physical and spiritual purification. Preparations for the festival include cleaning kitchens and fasting, with offerings made to the sun. It is believed that the sun provides protection from skin diseases.



30th October to 3rd November
Tihar

Tihar is a five-day festival that begins with Kaag Tihar, honouring crows, followed by Kukur Tihar, celebrating dogs. Gai Tihar includes cow worship and Laxmi Puja, along with Bhailini dances. The fourth day is dedicated to oxen, and the Newari community also observes Mha Puja, a ritual dedicated to oneself, while boys perform the Deusi dance. The festival concludes with Bhai Tika, where sisters apply tika and pray for their brothers' health and prosperity.



15th December
UDHAULI PARWA

Udhauli Parwa is the second most important festival of the Kirat community. Starting on the full moon of the Nepali month of Mangshir, the festival involves worshipping nature and ancestors before the harvest. The Kirats celebrate the festival to thank nature for providing them with a plentiful harvest. It is an annual festival when people from the hills migrate to the lower regions to avoid the harsh winters of the Himalayas.



25th December
CHRISTMAS DAY

In Nepal, Christmas is celebrated with a distinctive mix of local culture and Christian traditions. It is a public holiday, with both Christians and non-Christians participating in the festivities. Churches are adorned with lights and nativity scenes, where special prayers and services are held. Popular areas such as Thamel and Durbar Marg in Kathmandu, as well as Lakeside in Pokhara, are bustling with young people on Christmas Eve, soaking up the festive atmosphere. People exchange gifts, sing carols, and enjoy meals with family and friends.



30th December
TAMU LHOSAR

Tamu Losar, also known as the "Gurung New Year," is the most significant festival for the Gurung, or Tamu, community in Nepal. This vibrant celebration marks the start of Tamu Sambat, the New Year according to the Gurung calendar. It is a time for the Gurung community to come together, celebrate their cultural heritage, and welcome the New Year with traditional rituals, songs, and dances, fostering a sense of unity and cultural pride.

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PRE-BOOK YOUR FAVOURITE **COMBO MEAL**

UP IN THE AIR!

HIMALAYA AIRLINES RESUMES FLIGHTS TO KUWAIT “STRENGTHENING TIES BETWEEN NEPAL AND THE MIDDLE EAST”



Himalaya Airlines resumed its direct flights to Kuwait on August 20, 2024, marking an important milestone in its mission to enhance connectivity between Nepal and the Middle East. The decision catered to the high demand from Nepalese expatriates in Kuwait, who relied on direct flights for personal, professional, and family connections. This step also supported tourism and trade between the two nations. In collaboration with Ejaza General Trading Co. W.L.L, the parent company of Caesars Travel Group, as its General Sales Agent (GSA) in Kuwait, H9 aimed to streamline its operations and elevate the travel experience, ensuring passengers received safety and top-quality service throughout their journey.

Currently, H9 operates two weekly flights on the Kathmandu-Kuwait-Kathmandu route, with the plans to increase frequency based on passenger demand. This route resumption emphasized Himalaya Airlines' dedication to expanding its international network and providing reliable travel options for its valued customers. Being Nepal's the first and the only IATA Member Airlines and by reconnecting Nepal with key global destinations, H9 not only strengthened its presence in the region but also fostered closer people-to-people ties and economic collaboration between Nepal and Kuwait. Himalaya Airlines remains committed to offering exceptional service and supporting the aspirations of both travelers and the Nepali movement abroad.

For Booking
www.himalaya-airlines.com

DO YOU KNOW?



Source: thisdayinaviation.com

THE LANDING OF A BEECH-CRAFT BONANZA AIRCRAFT ON A SMALL PASTURE IN SINAMANGAL, KATHMANDU, AT GAUCHAR IN 1949, MARKED THE BEGINNING OF AVIATION IN NEPAL.



HIMALAYA AIRLINES IS THE FIRST FOREIGN CARRIER TO OPERATE COMMERCIAL FLIGHTS IN THE KATHMANDU-LHASA-KATHMANDU SECTOR. THE AIRLINES IS OPERATING THREE FLIGHTS A WEEK.



IT TOOK NEPAL 70 YEARS TO GET ITS SECOND INTERNATIONAL AIRPORT, GAUTAM BUDDHA INTERNATIONAL AIRPORT. THE AIRPORT WAS OFFICIALLY INAUGURATED ON 16TH MAY 2022.



THE GAUCHAR AIRPORT WAS RENAMED TRIBHUVAN AIRPORT BY KING MAHENDRA IN 1955. THE AIRPORT WAS AGAIN RENAMED AS TRIBHUVAN INTERNATIONAL AIRPORT IN 1964. LIKEWISE, TRIBHUVAN INTERNATIONAL AIRPORT WELCOMED ITS FIRST JET AIRCRAFT, THE BOEING 707, IN 1967.



Source: ktm spotter

ON OCTOBER 11, 1987, A CONCORDE MADE A HISTORIC CHARTERED LANDING IN KATHMANDU, NEPAL. THE AIRCRAFT MADE A CHARTER FLIGHT TO KATHMANDU FROM WEST GERMANY AND HAD CARRIED 63 PASSENGERS ON BOARD.



THE ANTONOV AN-124 RUSLAN IS THE LARGEST AIRCRAFT TO HAVE LANDED IN NEPAL. IT ARRIVED AT TRIBHUVAN INTERNATIONAL AIRPORT IN 2021, DELIVERING COVID-19 RELIEF SUPPLIES.

Info Source: www.caanepal.gov.np

AIRLINES MEET PM WITH KEY DEMANDS FOR INDUSTRY SUPPORT



Nepal's commercial airlines industry has urged the government to revise the country's aviation policy to support the sector, which they claim is suffering losses due to the COVID-19 pandemic.

The major domestic airline operators submitted a memorandum to the Prime Minister, requesting that the government recognize civil aviation as a priority industry by offering various tax exemptions.

The memorandum also stressed the need for PM Oli to take decisive action to lift the European Union's ban on Nepali airlines operating in European airspace.

Additionally, the airline operators called for amendments to the current aviation policy to facilitate smoother air operations. Their demands include reducing customs duty on imported spare parts to 1 percent and aligning aviation turbine fuel (ATF) prices with international market trends.

As mentioned by The Himalayan Times, PM has assured the operators that he would make every effort to address their concerns.

PARLIAMENTARY COMMITTEE URGES FORMATION OF PANEL TO INVESTIGATE AVIATION SAFETY STANDARDS



The International Relations and Tourism Committee of Nepal's House of Representatives has instructed the government to establish an independent expert panel to evaluate the enforcement of aviation safety standards.

During a meeting on 8th August, the Committee directed the Ministry of Culture, Tourism, and Civil Aviation to form the panel within 15 days. The panel will investigate the current status of aviation safety, recommend actions against those found responsible for any lapses, and propose necessary policy reforms.

Committee Chairperson Raj Kishor Yadav highlighted the need to assess the implementation of aviation laws and adherence to international standards. The decision followed discussions with the Tourism Minister, the Ministry's Secretary, and the Director General of the Civil Aviation Authority of Nepal.

The Committee also urged the government to swiftly introduce legislation to amend and consolidate laws related to the Civil Aviation Authority of Nepal and the country's aviation services. Additionally, it called for the submission of reports from previous committees and task forces on plane crashes, aviation safety, and regulations, stressing the importance of a specific aviation safety policy.

TOURISM MINISTRY PUSHES FOR NEW AIRLINE LIABILITY BILL



The tourism ministry is moving forward with a new draft bill aimed at increasing compensation for passengers on domestic airlines in Nepal. The proposed Air Carriers' Liability and Insurance Bill would significantly improve protection for passengers by requiring domestic airlines to provide a minimum compensation of USD 100,000 for injury or loss of life, a notable rise from the current USD 20,000. The draft, which is based on parts of the Montreal Convention 1999, has been prepared but still needs approval from the law and finance ministries before it can be presented to the Cabinet. The tourism ministry has invited aviation stakeholders to review the draft and provide feedback before it is sent to the relevant government departments for further comment.

As reported by The Kathmandu Post, the draft has been delayed multiple times due to changes in government, despite receiving initial approval in March 2019. The proposed law not only raises compensation for fatalities but also introduces liability for airlines in cases of delays, and sets compensation for lost or damaged baggage and cargo. However, some domestic airlines have raised concerns, arguing that the strict liability requirements are unrealistic given Nepal's tough geographical conditions and limited airport facilities. Ministry officials remain hopeful about quickly passing the bill, highlighting the importance of better protection for passengers and their families. The draft aims to meet international standards while considering the specific challenges faced by Nepali airlines.

AIRCRAFT SHORTAGES LEAD TO PAUSE IN PILOT HIRING IN US



The pilot shortage affecting regional airlines in the US is showing signs of relief, though temporarily, as issues with aircraft production and maintenance have resulted in major airlines having fewer jets than expected. This shift from a pilot deficit to an aircraft surplus is impacting hiring trends across the industry, with some regional carriers pausing new recruitment or furloughing pilots.

Industry experts note that while the pilot shortage persists, it is currently overshadowed by a more immediate shortage of large aircraft. This situation has led to delays in deliveries from major aircraft manufacturers and has further constrained fleet growth. Notably, production issues with both Airbus and Boeing, combined with recent engine recalls, have grounded numerous aircraft globally.

As a result, some airlines are adjusting their hiring practices. Recent months have seen a slowdown in recruitment efforts and, in some cases, temporary halts in hiring new pilots. This is largely due to the need to align pilot numbers with the available fleet. The ongoing equipment issues are seen as the primary driver behind these hiring adjustments, rather than a fundamental lack of pilots.

हिमालय एअरलाइन्स परिवारबाट चाडपर्वलाई रमणीय बनाउने केही सुभावहरू

बहुभाषिक, बहुसांस्कृतिक एवम् बहुधार्मिक पहिचान बोकेको हाम्रो देश नेपालमा विभिन्न चाडपर्वहरू मनाइन्छन्। चाडपर्वले बहुआयामिक पक्ष बोकेका हुन्छन्। यसले धार्मिक, सांस्कृतिक, सामाजिक, भौगोलिक एवम् आध्यात्मिक महत्व बोकेका हुन्छन्। हाम्रा धर्म, संस्कृति, परम्परा एवम् भौगोलिक विशिष्टताका पहिचानका रूपमा रहेका चाडपर्वले हाम्रा अद्वितीय मौलिकता समेत भल्काउँछन्।

सृष्टिको विकास र बिस्तारसँगै मानव सभ्यतालाई मर्यादित, अनुशासित एवम् समृद्ध तुल्याउन हाम्रा धर्म, संस्कृति एवम् परम्पराका रूपमा रहेका चाडपर्वहरूले परापूर्वकालदेखि नै मानिसको पेशा एवम् व्यवसायमा रहेको व्यस्ततालाई थाँती राख्दै मनोरञ्जन एवम् पुनर्ताजगी ल्याउँदछन्।

चाडपर्वहरूको धार्मिक रूपमा मात्र नभई, मनोवैज्ञानिक रूपमा पनि ठूलो महत्व रहेको छ। चाडपर्वहरूले राष्ट्रिय एकता, शान्ति र सद्भाव कायम राख्न मद्दत समेत गरिरहेका हुन्छन्। साथै, नेपाली हुनुको पहिचान र गौरव महसुस पनि गराउँछन्।

विश्व स्वास्थ्य संगठनका अनुसार मानिस पूर्ण रूपमा स्वस्थ हुनका लागि शारीरिक, मानसिक, सामाजिक र आध्यात्मिक रूपमा स्वस्थ हुनुपर्दछ। चाडपर्वले मानिसलाई यी चारै किसिमबाट स्वस्थ रहनका लागि मद्दत पुऱ्याइरहेको हुन्छ। चाडपर्वको बेला एकअर्कामा गरिने शुभकामना आदान-प्रदान र साथीभाइसँगको भेटघाटले निराशा र एकलोपन हटाउँदै हौसला बढाउँछ। यसरी व्यक्तिलाई सही मार्गमा हिँड्ने प्रेरणा मिल्दछ र सकारात्मक सोचको विकास हुन्छ।

हामीलाई थाहा छ, चाडपर्वको तयारी कठिन कार्य हुन सक्छ, तर हिमालय एअरलाइन्स जस्तै उचित तयारी र समन्वयका साथ अघि बढ्दा तपाईंहरूको चाडपर्वहरू अविस्मरणीय बन्न सक्छन् - हाम्रा हरेक उडानभैँ। आउँदै गरेको चाडपर्वका लागि, हिमालय एअरलाइन्सका हाम्रा विभाग प्रमुखहरूले तपाईंका उत्सवहरूलाई सहज र रमाइलो बनाउनका लागि केही सुभावहरू प्रस्तुत गर्नु भएको छ।



नोयो सिंह, प्रमुख - मानव संसाधन विभाग

चाडपर्व पारिवारिक सम्बन्धलाई मजबुत र दीर्घकालीन बनाउँदै सकारात्मक तालमेल सिर्जना गर्ने उत्कृष्ट अवसर हो । यी अवसरहरूले स्वाभाविक रूपमा परिवारलाई एकसाथ ल्याउँछ जसले गर्दा यो समय सञ्चार र सम्बन्ध बनाउनका लागि उपयुक्त अवसर पनि बन्दछ । यो अवसरले परिवारभित्र राम्रो र सकारात्मक सम्बन्ध सिर्जना गर्दै आफ्नो जीवनको बारेमा कुराहरू, पुराना रमाइला सम्झनाहरू र चाडपर्वको महत्वका बारेमा छलफल गर्दा हामीलाई एक अर्काको नजिक ल्याई आत्मीयता बढाउँदछ । त्यसै गरी, चाडपर्वको अवसरलाई उपयोग गरी खुला संवादले भ्रमलाई हटाउन र सम्बन्धलाई बलियो बनाउन मद्दत पुऱ्याउँछ । चाडपर्वहरू विशेष गरी परिवारका नयाँ सदस्यहरू प्रति कृतज्ञता व्यक्त गर्ने उपयुक्त समय हो । पर्वले नयाँ सदस्यहरूलाई परिवारको नजिक ल्याउँछ ।

विभिन्न संस्कृतिका सदस्यहरू समावेश भएको परिवार भित्र एकअर्काको परम्पराहरू मनाउनु अझ महत्वपूर्ण हुन्छ । एकअर्काको चाडपर्वहरूमा सामेल हुनुले समावेशीता भल्काउँदछ र बलियो सम्बन्ध निर्माण गर्न मद्दत गर्दछ । यसैगरी सबैको चाडपर्वलाई समान रूपमा मूल्याङ्कन गरी मनाउनाले पारिवारिक एकता बढ्दछ ।

भिन्न पृष्ठभूमि वा रूचि भएका परिवारहरूका लागि, चाडपर्वहरू एकअर्काको परम्पराको बारेमा जान्न र भलाकुसारी गर्ने उत्कृष्ट समय पनि हो । यसले आपसी सम्मान र समझदारीलाई प्रोत्साहन गर्छ ।

चाडपर्वका गतिविधिहरूको एकसाथ योजना बनाउनु आवश्यक हुन्छ । जस्तै खाना पकाउने, व्यवस्थित गर्ने र सरसफाइमा परिवारका सबै सदस्यहरू सामेल हुनुपर्छ । भोजन योजनादेखि सजावटसम्म सबैलाई समावेश गर्दा, परिवारका सबै सदस्यहरूलाई आत्मीयता महसुस गर्न मद्दत गर्दछ ।

विशेष गरी चाडपर्वको बेला सँगै लिएको फोटोहरू र भिडियोहरूले उत्सवहरूको अमूल्य सम्झनाहरू राख्दछन् र पारिवारिक बन्धनलाई सुदृढ बनाउँछन् ।

यसरी नै हामीले समावेशिता र सकारात्मक अन्तरक्रियामा ध्यान केन्द्रित गरेर, चाडपर्वहरूलाई पारिवारिक सम्बन्ध निर्माण र अभिवृद्धि गर्ने विशेष अवसर बनाउन सक्छौं ।

याड देङ्ग, प्रमुख - योजना वित्त तथा आन्तरिक लेखापरीक्षण विभाग

चाडपर्वमा खर्चको पाटो व्यवस्थापन र निश्चित बजेट छुट्याउनु सबैभन्दा महत्वपूर्ण कुरा हो । निश्चित बजेट छुट्याउने बानीले चाडपर्वमा गरिने विभिन्न खर्चहरूको सही आँकलन हुने तथा किनमेल गर्दा कतिसम्मको योजनालाई समाविष्ट गर्न सकिन्छ भन्ने कुरा थाहा हुन्छ र उक्त बजेटमा कसरी खर्च व्यवस्थापन गर्ने भन्ने किसिमको योजना पनि बन्दै जान्छ ।

पछिल्लो समय अनलाइन कारोबार पनि धेरै हुने भएकाले मानिसले आफ्नो खर्चको विवरण प्राय राख्दैनन् । यसो गर्दा आफ्नो बजेटभन्दा धेरै खर्च हुन पुगिसकेको पनि उनीहरूलाई थाहा नहुन सक्छ भने कतिपय अवस्थामा आफूले सोचेअनुसारको किनमेल



Photo By: Samrat Khadka

पनि गर्न नसक्ने अवस्था हुन सक्छ । त्यस्तै, आवश्यकताभन्दा धेरै खर्चबाट बच्ने अर्को महत्वपूर्ण उपाय भनेको ऋणबाट बच्नु हो । चाडपर्व मनाउनकै लागि ऋण लिने बानीले खर्च व्यवस्थापनमा समस्या पर्न सक्छ । त्यसैले, साथीभाइहरूबाट थोरै रकम पनि ऋण लिनबाट बच्नुपर्छ ।

चाडबाडको समयमा बजारमा हुनसक्ने अस्वाभाविक मूल्य वृद्धि तथा कालो बजारीलाई ध्यानमा राखी सरसामान किन्दा राम्रोसँग बुझेर मात्र किन्नु उपयुक्त हुन्छ । धेरै मूल्यमा मात्र गुणस्तरीयता हुन्छ भन्ने हुँदैन, समुचित मूल्यमा पनि अपेक्षित सरसामान किन्न सकिन्छ । प्रायः चाडपर्वको अवसरमा ल्याइएका विभिन्न अफर, छुट एवम् विशेष विक्री योजनामा पनि सामग्री खरिद गरेर पनि पैसा बचाउन सकिन्छ ।

चाडपर्वको समयमा अनेक शीर्षकमा पैसा खर्च हुने हुनाले समुचित आर्थिक व्यवस्थापनको लागि प्राथमिकता निर्धारण गर्नु पनि जरुरी हुन्छ । प्राथमिकता निर्धारणले तत्कालको लागि आवश्यक नभएको कुरालाई केही पछि सार्ने अर्थात् तत्कालका लागि आवश्यक खर्चलाई प्राथमिकता दिएर आर्थिक व्यवस्थापन गर्न सकिन्छ । यसो गरेमा तत्कालको लागि समस्या पनि टर्ने र भविष्यमा पनि अनावश्यक बोझ नहुन सक्छ ।

अन्तमा, स्थानीय उत्पादनहरू किनमेल गर्दा एकातिर अर्थतन्त्रमा सकारात्मक प्रभाव पर्न सक्छ भने अर्कोतिर कतिपय परम्परागत उत्पादनको निरन्तरता कायम राख्दै यसले स्थानीय उत्पादनलाई समेत प्रवर्धन गर्छ ।

यसरी सही तरिकाले आर्थिक व्यवस्थापन गर्न सके चाडपर्व उत्सवलाई पनि साँच्चिकै उमङ्गमय बनाउँछ र पारिवारिक एवम् सामाजिक सम्बन्ध पनि दिगो तुल्याउन मद्दत गर्दछ ।

अशित बस्न्यात, उप प्रबन्धक - उडान सुरक्षा, सुरक्षा विभाग

चाडपर्वको बेला ठूलो भीड हुने गर्छ, यसले चोरी वा भागदौडको जोखिम बढाउन सक्छ । यस्तो अवस्थामा सधैं आफ्नो वरपरको बारेमा सचेत रहन जरुरी हुन्छ । यदि तपाईं बच्चाहरूसँग मेला, मन्दिरको भीडमा उपस्थित हुनुहुन्छ भने तिनीहरूलाई आफ्नो नजिक राख्नुपर्छ, उनीहरू सजिलै भीडमा हराउन सक्छन् ।

त्यसैगरी, चाडपर्वमा विशेष गरी दियो, मैनबत्ती र विद्युतीय सजावटको सामान प्रयोग गर्दा आगोको जोखिम उच्च रहन्छ । सबै ज्वलनशील वस्तुहरू सुरक्षित स्थानमा राखिएको छ भनेर सुनिश्चित गर्नुपर्दछ । त्यसैगरी, धेरै बत्तीहरूले विद्युतीय सकेटहरू ओभरलोड नगर्नुहोस् र सुत्न जाँदा वा घरबाट बाहिर निस्कँदा सधैं विद्युतीय सजावटका सामानहरू बन्द छ भनेर सुनिश्चित गर्नुहोस् ।

चाडपर्वको समयमा सडकहरू बढी भीडभाड हुने भएकाले यात्रा सुरक्षा पनि महत्वपूर्ण छ । भीडबाट बच्न र इजाजतपत्र प्राप्त ट्याक्सी वा सवारी साभेदारी सेवाहरू जस्ता सुरक्षित यातायात विकल्पहरू छनौट गर्न आफ्नो यात्राको राम्रोसँग योजना बनाउनुहोस् । यदि तपाईं ड्राइभ गर्दै हुनुहुन्छ भने तीव्र गतिमा ड्राइभ नगर्नुहोस्, मादक पदार्थ पिएर सवारी नगर्नुहोस् र सधैं ड्राइभ गर्दा आफ्नो सीट बेल्ट लगाउनुहोस् ।

चाडपर्वमा आतिशबाजीको प्रयोग पनि व्यापक हुने गरेको पाइन्छ, तर सावधानीपूर्वक व्यवस्थापन नगर्दा गम्भीर चोटपटक लाग्न सक्छ । हामी तपाईंलाई सुरक्षित दूरी कायम राख्दै खुला ठाउँहरूमा मात्र आतिशबाजी प्रयोग गर्न सुझाव दिन्छौं । साना केटाकेटीहरूलाई ठुलाको निगरानीबिना पटकहरू प्रयोग गर्न नदिनुहोस् ।



Photo Courtesy : PANAUTI COMMUNITY HOMESTAY

यद्यपि, आतिशबाजीको सन्दर्भमा सरकारी निर्देशनहरू पालना गर्न अत्यधिक महत्वपूर्ण हुन्छ ।

अन्त्यमा, चाडपर्वको समयमा आफ्नो मानसिक स्वास्थ्यको ख्याल गर्नुहोस् । चाडपर्वहरूमा भारी थकान हुन सक्छ, त्यसैले विश्राम लिँदै, आराम गर्न र अनावश्यक तनाव नलिने सुनिश्चित गर्नुहोस् । परिवार र साथीहरूसँग सम्पर्कमा रहनुहोस्, र यदि तपाईं अस्वस्थ महसुस गर्दै हुनुहुन्छ भने, तुरुन्तै चिकित्सा सहायता खोज्नुहोस् । यी सरल तर अत्यावश्यक सुझावहरू पालना गरेर, तपाईं सामान्य जोखिमहरूबाट सुरक्षित रहेर चाडपर्वहरूको आनन्द लिन सक्नुहुन्छ ।

सिसिलिया रेस्मा गुरुङ, प्रमुख - क्याविनक्रु विभाग

चाडपर्वहरूको अवसरमा आफन्त तथा साथीभाइहरूसँग गरिने भेटघाट र शुभकामनाको आदान-प्रदानबाट आत्मीयता, माया, प्रेम, सद्भाव, भाइचारा, मेलमिलाप र निकटता कायम राख्न मद्दत गर्दछ ।

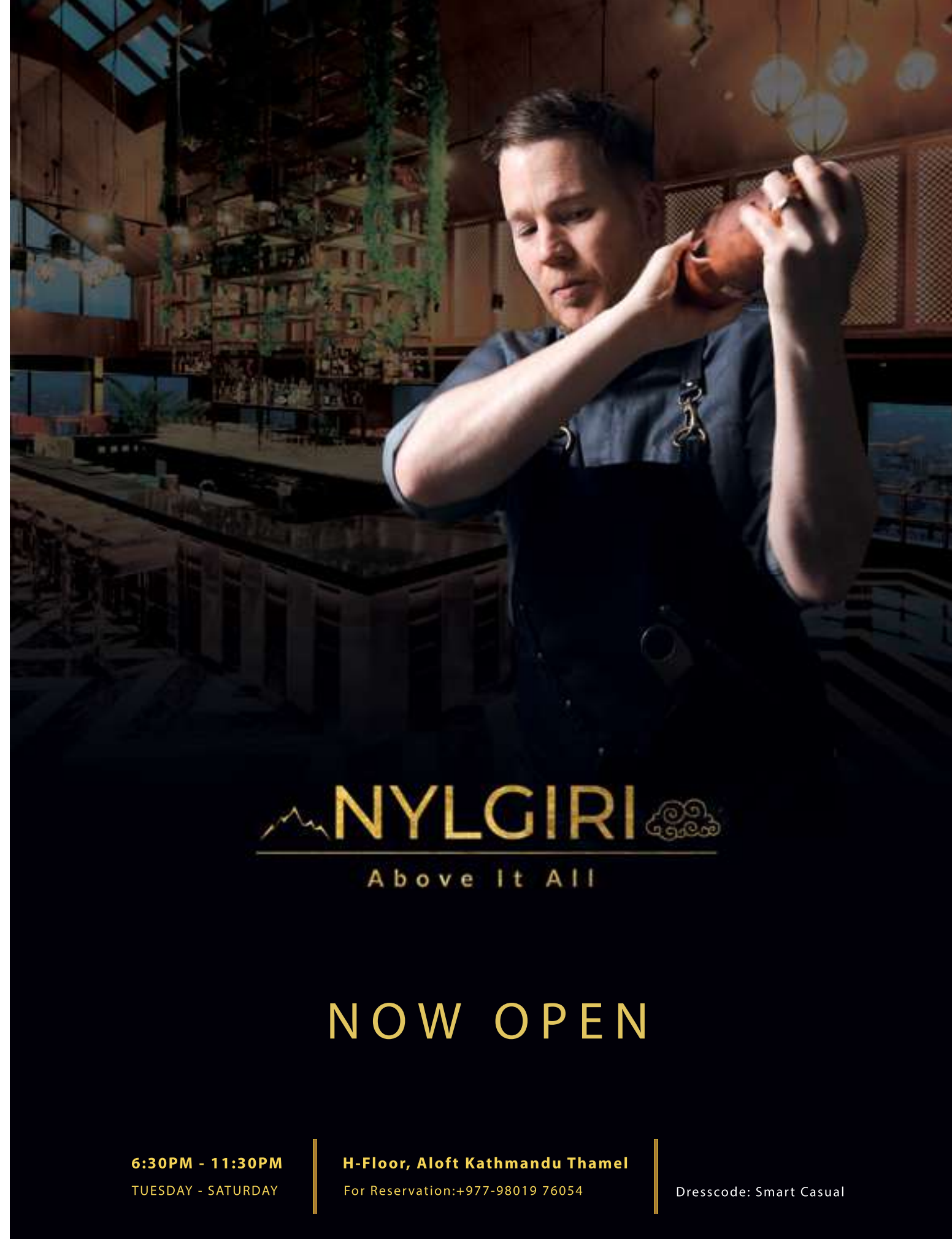
हाम्रा पाहुनाको आगमन र उहाँहरूको बसाइलाई यादगार बनाउनको लागि हामीले थप विशेष तयारीका लागि केही पक्षहरूमा ध्यान दिन जरुरी हुन्छ ।

आफ्नो घरमा पाहुनाहरूलाई स्वागत गर्दा चाडपर्वको मौसममा न्यानो आमन्त्रण गर्ने र खुसीको वातावरण सिर्जना गर्नु महत्वपूर्ण हुन्छ, यसले दीर्घकालीन प्रभाव समेत पार्दछ ।

पाहुनाहरूको आगमनलाई उत्साहजनक बनाउन हामीले घरलाई उत्सवका बत्तीहरू, मैनबत्तीहरू र मौसमी सजावटले सजाउन सक्छौं । वहाँहरूलाई न्यानो मुस्कानका साथ स्वागत गर्दा र विशेष उत्सवजन्य पेय पदार्थ साथै मिठाईहरूले सेवा सत्कार गर्दा सकारात्मक र धरेलु वातावरण सिर्जना हुन्छ ।

व्यक्तिगत आत्मीयताका दृष्टिले भन्नु पर्दा, पाहुनाको मनपर्ने खानाहरू सम्भेर परिकार तयार पारी वहाँहरूलाई पर्सिँकदा, हाम्रो वहाँप्रतिको विचारशीलता र हेरचाह देखिन्छ । यसैगरी पाहुनाहरूलाई रमाइलो, उत्सव गतिविधिहरू जस्तै मिठाइ बनाउनु, खेल खेलाउनु र आरामदायी वातावरणमा पुराना यादहरू साभ्ना गर्नुले एकताको भावना बढाउँछ ।

अन्तमा, वहाँहरूलाई सँगै बिताएको रमाइलो समयको सम्भ्रनास्वरूप सानो, विचारशील उपहार वा घरमा लैजानको लागि हामीले घरमै बनाएको मिठाई दिएर बिदाई गर्दा आत्मीयता, माया, प्रेम बढाउँदछ । यी सरल तर अर्थपूर्ण सुझावहरूले तपाईंलाई तपाईंका अतिथिसँग एक विशेष, यादगार सम्बन्ध सिर्जना र वहाँहरूलाई प्रिय महसुस गराई सम्भ्रनलायक उत्सव अनुभव सिर्जना गर्नेछन् ।



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At Himalaya Airlines, keeping our planes and passengers safe is our top priority, in fact safety is the main guiding principle of our operation. We do this through careful checks before, during, and after each flight. Our Safety Management System (SMS) helps us find and manage any risks related to flying and health. This system makes sure we always monitor, assess, and improve our safety practices, following both our own standards and the rules of the Civil Aviation Authority of Nepal (CAAN).

So, you must be wondering, how it's done. To keep you safe during flights, we have several safety protocols. Our SMS covers both flight and workplace safety, supported by regular audits and risk assessments.

The Emergency Response Plan (ERP), detailed in our Crisis Management Manual (CMM), outlines what to do in emergencies, and we conduct regular drills to stay prepared. We encourage staff to report safety concerns confidentially through our Safety Reporting Programs, and we have detailed Standard Operating Procedures (SOPs) to ensure consistency and reduce human error. Cabin crew receive extensive training on handling emergencies, and passengers are briefed on safety procedures before takeoff. In response to health concerns like COVID-19, we have measures like mandatory mask-wearing, aircraft sanitization, social distancing, and PPE for crew members.

IF YOU DIDN'T KNOW, FOR AIRCRAFT MAINTENANCE, WE FOLLOW A STRICT SCHEDULE GUIDED BY AIRBUS AND INTERNATIONAL STANDARDS LIKE IATA ISM AND EASA. THIS INCLUDES REGULAR CHECKS AND USING CERTIFIED PARTS TO ENSURE HIGH SAFETY STANDARDS. INTERNAL AND EXTERNAL AUDITS, INCLUDING THOSE BY CAAN AND IOSA, VERIFY THAT OUR MAINTENANCE PRACTICES MEET INTERNATIONAL BENCHMARKS.

However, while we assure you are safe, we go all up and above to tackle several challenges while maintaining it. Managing bad weather and high-altitude operations is one of such challenge, which we address with advanced forecasting tools and flight planning systems. Staying compliant with changing safety regulations is another challenge, managed by working with regulatory bodies to implement new rules. Likewise, integrating new safety technologies into our systems also presents complexities, which we handle by investing in modern technology and training our staff.

Training our team is instrumental and one of the key factors that make us stand out regarding safety measures. We offer comprehensive training programs for aviation and organizational safety. Pilots and cabin crew undergo rigorous training, including simulator exercises for emergencies, first aid, and passenger management. We also provide SMS training to educate staff on identifying and reporting safety hazards, risk assessment, and mitigation practices. Continuous learning is ensured through refresher courses, workshops, and participation in international safety conferences.

YOUR SAFETY, H9'S TOP PRIORITY

WITH METICULOUS CHECKS, ADVANCED PROTOCOLS, AND CONTINUOUS TRAINING, WE GO ABOVE AND BEYOND TO ENSURE EACH FLIGHT'S SAFETY.



In the meantime, to address your safety concerns, we have a Safety Reporting Program that allows passengers to report issues through our website. Each of your feedback is carefully reviewed and integrated into our safety protocols, with corrective actions taken as needed. We also maintain proactive communication with you about safety procedures and provide effective customer support for safety-related inquiries.

Likewise, we also collaborate with international aviation safety organizations, such as IATA, to stay updated on safety regulations and practices. This includes participating in global data exchange programs and benchmarking our safety status against global standards. We also use the SMS ICG Evaluation Tool for self-assessment of compliance and performance.

Thanks to our rigorous team effort, Himalaya Airlines has achieved several major accreditations in aviation safety, including the IATA Operational Safety Audit (IOSA), making us the first IATA Member Airline in Nepal. We also achieved a 90.6%



implementation score in the CAAN SMS audit, the highest among Nepalese operators, and successfully completed the ISO 9001:2015 Quality Management System audit.

On top of these, we also balance operational efficiency with safety by integrating SMS with other systems, such as Quality Management and Aviation Security. Regular safety audits and risk assessments ensure that our operations are efficient while maintaining high safety standards. Our safety objectives are closely aligned with our overall safety framework, ensuring that efficiency does not come at the expense of safety.

Our Safety Department has introduced several initiatives to reduce risks both during flights and in office operations. These initiatives include a comprehensive Safety Reporting Programme, a Flight Data Monitoring Programme (FDMP) to analyse and improve flight performance, proactive hazard identification through safety assessments, and regular Emergency Response Plan (ERP) training and drills.

Additionally, we conduct annual safety surveys, maintain continuous safety communication through updates, newsletters, and implement various safety awareness programmes. These efforts are designed to minimise risks and promote a culture of safety, not only in the sky but in every aspect of our operations.

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-अनिल केशरी शाह

सेलिब्रेटी बैंकर शाहले लगभग ३२ वर्ष विभिन्न बैंकहरूमा काम गरेपछि २०७९, असार १७ मा बैंकिङ क्षेत्रबाट बिदा लिए। उनले नबिल बैंक र मेगा बैंकमा १७ वर्षसम्म सीईओको रूपमा काम गरे। अहिले उनले आफ्नो बैंकिङ करियरपछि 'लिड नेपाल' नामक नयाँ स्टार्टअप व्यवसाय सुरु गरेका छन्, जसले नेतृत्व विकास र क्षमता निर्माणमा सहयोग गर्ने लक्ष्य राखेको छ। हामीले शाहलाई भेट्न हालै याक एण्ड यति होटेल पुगेका थियौं, जहाँ उनले विदेशमा काम गर्ने नेपालीहरूका लागि सर्वोत्तम वित्तीय सल्लाहहरू दिएका थिए। कुराकानीका केही अंशहरू :

विदेशमा काम गर्न जानुहुने हाम्रा नेपाली दाजुभाइ र दिदीबहिनीहरूले गर्ने सामान्य आर्थिक गल्तीहरू के होलान् ?

जसरी मानिसले चिन्ता किनेर पैसा जित्ने भने, सो जितेको रकमले के गर्ने भनेर विचार गरेका हुँदैनन्, वहाँहरूले पनि विदेश पुगेर कमाएको पैसालाई कसरी खर्च गर्ने वा त्यो रकमलाई कसरी सदुपयोग गर्ने भनेर विचार गर्नु भएको हुँदैन। वहाँहरूको उद्देश्य भनेकै कसरी विदेश पुगेर पैसा कमाउनेमै सीमित हुन्छ। लक्ष्य भनेको सगरमाथा चढने मात्र होइन सगरमाथा चढिसकेपछि के गर्ने भनेर हुनुपर्छ। त्यसै गरी, हामी जहाज चढेर विदेश पुग्छौं र पैसा कमाउन थाल्छौं तर कमाइसकेको पैसाले के गर्ने भनेर विचार गरिसकेका हुँदैनौं। यसै गरी, हामी पैसा कमाउदै जान्छौं र नेपाल पठाउँदै जान्छौं, किनभने हाम्रो लक्ष्यमा कमाएको पैसाले के गर्ने भनेर योजना नै हुँदैन, त्यही भएर हामीले कमाएको पैसाको सदुपयोगभन्दा पनि दुरुपयोग हुन जान्छ।

यस्ता आर्थिक गल्तीहरू गर्नबाट कसरी जोगिने ?

आफुले कमाएको रकमलाई सदुपयोग गर्न वहाँहरूले विदेश उड्नुअघि आफ्नो परिवारको सदस्यसँग बसेर, आफ्नो आमदानी हुने रकमअनुसार आर्थिक योजना बनाउनु पर्छ। यसरी कमाएको रकमको सदुपयोग हुन्छ र आर्थिक चेतना पनि बढ्छ। बाटो हिँड्दै गर्दा यदि हामी सही बाटोतर्फ हिँडेनौं भने जति छिटो लम्कदा पनि सही गन्तव्यमा पुग्दैनौं। त्यसैले सही बाटोमा हिँड्ने सुरुवात कसरी गर्नेभन्दा हामीले विदेश जाने निर्णय गरिसकेपछि आफ्नो परिवारसँग बसेर विदेशमा गएर कमाएको पैसालाई कसरी प्रयोग गर्ने, जस्तै मोटरसाइकल किन्ने कि, घरमा छाना हाल्ने कि, बाबु-नानीलाई राम्रो विद्यालय पठाउने, यस्ता योजनाहरू बनाउनु पर्छ। सोबारे आफू र परिवार पनि स्पष्ट हुनुपर्छ। नेपालबाट विदेश जानुअघि नै सोबारे स्पष्ट हुन महत्वपूर्ण हुन्छ, किनभने विदेश पुगेर काम गर्न सुरु गरिसकेपछि स्पष्टता आउँदा हामीले नेपालमा परिवारलाई पठाएको पैसा वहाँहरूले खर्चे त गर्ने हो भनेर सबै खर्च गरिसकेको हुन सक्छन्। त्यही भएर सुरुवात स्पष्टताबाट हुनु पर्छ। त्यो स्पष्ट भइसकेपछि तपाईं पुग्नु भएको देशमा अरु नेपाली दाजुभाइ र दिदीबहिनीहरूलाई सोध्नुपर्छ गर्नुहुन्छ, मिलेसम्म ४ वर्ष, ८ वर्ष देखि काम गर्दै आउनुभएको व्यक्तिसँग आर्थिक परामर्श

लिनुहोस्। त्यसै गरी, तपाईंले आफूलाई फाइदा हुने र तपाईंको लक्ष्यलाई टेवा पुऱ्याउन सक्ने वित्तीय संस्था र बैंकहरू चयन गर्नुहोस्। तपाईंको लक्ष्य पैसा जम्मा गरेर नेपाल फर्केर घर बनाउने वा व्यवसाय सुरु गर्ने हो ? स्पष्ट भएर तपाईंको उक्त लक्ष्यलाई टेवा पुऱ्याउन सहज हुन सक्ने बैंकिंग संस्था रोज्नुहोस्। त्यसैले पहिले लक्ष्य, दोस्रो विदेशमा धेरै वर्षदेखि काम गर्दै आउनु भएको व्यक्तिसँग परामर्श लिने र तेस्रो उचित वित्तीय संस्था रोज्नुपर्छ जसले भोलिको दिनमा तपाईंलाई तपाईंको लक्ष्य हासिल गर्न साथ दियोस्।

आफ्नो अविष्य सुनिश्चित बनाउनका लागि अपनाउनु पर्ने केही प्रभावकारी वित्तीय रणनीतिहरू के हुन सक्छन् ?

पहिलो त भिसा लागि सकेपछि भिसा पाउनुलाई नै आफ्नो अन्तिम लक्ष्य नमान्नुहोस्। यो तपाईंहरूको सुरुवात मात्र हो। मैले धेरै व्यक्तिहरूले भिसालाई अन्तिम लक्ष्यको रूपमा लिएको पाएको छु। भिसा आउनु भनेको लक्ष्यतर्फ बल्ल लम्किनु हो। तपाईं विदेश के को लागि जाँदै छु, के काम गर्छु र कमाएको पैसाले स्वदेश फर्किएर के गर्छु भनेर पहिला त्यसबारे स्पष्ट हुनु महत्वपूर्ण हुन्छ। त्यसैले फर्किएपछि भन्दा पनि जानुअगावै भिसा लाग्नासाथ नै वित्तीय संस्था र बैंकहरूसँग सम्बन्ध जोड्नुहोस्। तपाईंको विदेश जानुको उद्देश्य भनेकै पैसा कमाउनु हो। चाहे तपाईंले १०० डलर कमाउनुहोस् वा १००० डलर नै, तपाईंको आमदानी जतिसुकै भए पनि बैंकबाट सबै आवश्यक जानकारी लिनुहोस् जस्तै कि तपाईंले विदेशबाटै फिक्स्ड डिपोजिट एकाउन्ट खोल्न मिल्छ कि मिल्दैन, फिक्स्ड डिपोजिटमा ब्याज कति मिल्छ। यसो गर्दा तपाईंले विदेश रहँदा पसिना बगाएर पैसा कमाउनु हुन्छ र यता पठाउनु भएको रकमको निक्षेपबाट पनि थप आमदानी गर्न सक्नुहुन्छ। यो तपाईंको अविष्य सुनिश्चित बनाउनका लागि धेरै महत्वपूर्ण हुनेछ।

विदेशबाट फर्किँदा नेपालमा नयाँ व्यवसाय सुरु गर्न चाहनुहुने व्यक्तिहरूलाई कुन क्षेत्रमा उच्च सम्भावना छ भनेर सुझाव दिनुहुन्छ ?

तपाईंले विदेशमा गर्दै गर्नुभएको काम र सीपसँग मिल्ने क्षेत्रमा निरन्तरता दिनुहोस्। यदि तपाईंले उता होटल र रेस्टुरेन्टमा काम गर्नु भएको हो भने यहाँ आएर त्यही क्षेत्रमा नै व्यवसाय सुरु गर्नुहोस्। यसरी तपाईंले विदेशमा आर्जन गर्नु भएको सीपले निरन्तरता पाउँछ र यहाँ पैसा पनि कमाउनु हुन्छ। उता निर्माणमा काम गर्नु भएको छ भने यहाँ पनि सोही क्षेत्रमा केही गर्न सकिन्छ कि विचार गर्नुस् किनभने तपाईंले सो क्षेत्रमा काम गर्दागर्दै पैसा सँगसँगै सीप पनि कमाउनु भएको हुन्छ। फर्केर आउनुहुन्छ, पैसा त सबैले देख्छन् तर आफूभित्र भएको सीप तपाईं आफूले मात्र देख्न सक्नुहुन्छ। जब तपाईंले सीप र

पैसा दुबैलाई मिलाएर व्यवसाय गर्दै अघि बढ्नु हुन्छ तब मात्र तपाईं सक्षम बन्नुहुनेछ। तर तपाईंले उता होटलमा काम गरेर यता आईटीमा काम गर्छु भनेर हुँदैन। विदेशमा गरेको काम र सीपबाट कमाएको बचत र पूँजी सोही सीप लिएर आफ्नो गाउँमा आफ्नो ठाउँमा गएर व्यापार सुरु गर्नुहोस्। तर विचार गर्नुस् व्यापार गर्न भने अरुको काम गरेर तलब खाएको जस्तो सजिलो चाहिँ हुँदैन, त्यो पनि तपाईंले विदेशमा काम गर्दा नेपालमा भन्दा बढी नै तलब कमाउनु भएको हुन्छ। यदि तरकारी नै बेचे पनि, कहिले राम्रो हुन सक्छ र कहिले नराम्रो पनि हुन सक्छ। व्यवसाय कसरी गर्ने भनेर पहिला सिक्नुहोस्, लगानी गर्न हतार नगर्नुस्। लगानी वित्तीय संस्था र गैरसरकारी संस्थाहरूले पनि गर्छन्। विदेशमा हासिल गरेको सीपलाई कसरी स्थानीयकरण गर्ने भन्ने कुरामा ध्यान दिनुहोस्। थप रूपमा, गैरसरकारी संस्थाहरू र अन्य संस्थानहरूले तपाईंलाई घरेलु आवश्यकताहरूको आधारमा अन्य व्यक्तिहरूले यहाँ गरिरहेका विभिन्न कामहरूका बारेमा तालिम दिनेछन्। तपाईं एकपटक फर्केर आएपछि त्यसमा सहभागी हुन सक्नुहुन्छ, तर जुन तालिम तपाईंको लागि उपयुक्त छ वा तपाईंलाई आवश्यक छ त्यसमा मात्र ध्यान दिनुहोस्। आफूलाई चाहिएको २-४ वटा तालिम, जस्तै: व्यवसाय सञ्चालन गर्दा एकाउन्ट कसरी हेर्ने सम्बन्धी तालिम लिनुहोस्। त्यसैले यी सबै महत्वपूर्ण कुराहरूको तालिम लिएर र गृहकार्य गरी स्थानीय रूपमा आफ्नो सीप सुधार गरेपछि मात्र तपाईंले लगानी गर्नुपर्छ।

व्यवसाय सुरु गर्ने/घर किन्ने आदिजस्ता दीर्घकालीन वित्तीय लक्ष्यहरूको लागि योजना बनाउदा ध्यान दिनुपर्ने कुराहरू के के हुन् ?

कोही नेपालीले म २० औं वर्ष विदेशमै बस्छु, लामो समय उतै कमाई गर्छु नेपालमा सानो घर बनाउँछु र अलि गाउँ तल एउटा सानो घडेरी लिन्छु मेरो जिन्दगी यसरी नै गयो परिवारलाई राम्रो हुन्छ, छोराछोरीको जिन्दगी बनाउँछु, मेरो लक्ष्य यही हो भन्नुहुन्छ। कसैले म ४ वर्ष विदेश बस्छु, नेपाल फर्किन्छु अनि यही केही गर्छु भन्नुहुन्छ। तपाईंको लक्ष्य जे हो, नेपाल नै फर्किने हो भने फेरि बचत अलि बढी हुनुपर्छ, व्यवसाय गर्छु भनेर घर बनाउन लाग्नु भयो भने फेरि बचत नहुन सक्छ र फर्केर फेरि विदेश जानुपर्ने हुन्छ। त्यसैले गन्तव्य यहाँको जे हो त्यसैअनुसार आर्थिक योजना पनि बनाउनुस्। तपाईंसँगै काम गर्ने अरुको गन्तव्य तपाईं भन्दा फरक हुन सक्छ त्यसैले वहाँहरूलाई नपछ्याउनुहोस्। तपाईं विदेश किन जाँदै हुनुहुन्छ, यस प्रश्नको बारे आफूलाई स्पष्ट राख्नुहोस्।



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EXPERIENCE KUWAIT

THE FORTRESS BUILT NEAR WATER

For many Nepali, Kuwait City represents more than just a destination; it's a lifeline, offering opportunities that might be out of reach at home. Despite the challenges and sacrifices, the city stands as a beacon of possibility, where hard work can lead to a brighter future for their families. A few of us might see it as the capital of a country with a currency that holds significant exchange value. However, Kuwait City, hosting around 123,559 Nepalese, is more than just an economic hub; it's a vibrant metropolis, historically known as a "fortress built near water."

Kuwait City and the nation's territory were established when various Middle Eastern tribes settled near what is now known as Kuwait Bay. From its humble beginnings as a fishing village, the city transformed into a significant oil exporter in the mid-20th century, reshaping its identity and emerging as a tourist destination.



The locals describe Kuwait City as a dynamic metropolis with a mixture of past and present-evolving history, culture, and modernity. As the bustling capital of Kuwait, this city offers a captivating blend of ancient traditions and cutting-edge innovation, making it a must-visit destination for travellers from all walks of life. It is known for its impressive skyline, historic landmarks, and thriving cultural scene. From its bustling markets to its contemporary architecture, Kuwait City offers rich experiences that reflect its dynamic and evolving identity.

Kuwait Towers, completed in 1979, represents Kuwait's post-oil boom renaissance and more importantly stands as a beacon of modern Kuwait. As a visitor, you should not miss taking an elevator to the

observation deck for sweeping views of the cityscape along the serene Arabian Gulf. For a truly memorable experience, dine at the revolving restaurant where the towers slowly rotate, offering panoramic views that are as delightful as the cuisine.

Likewise, no visit to Kuwait City is complete without exploring the Grand Mosque, the largest mosque in Kuwait, built in 1986. Its impressive size and detailed Islamic design show the nation's strong religious roots and artistic skills. You will be amazed as you discover the mosque's large prayer halls and beautifully crafted interiors. One can even join a guided tour to uncover the mosque's historical and spiritual significance and be inspired by its cultural heritage.



To explore a traditional Kuwaiti marketplace, visit the bustling Souq Al-Mubarakiya. Established in the early 20th century, this historic market is perfect for finding gifts like perfumes, fabrics, gold ornaments, spices, and colorful scarves. Food enthusiasts will love the lively atmosphere and local delicacies such as Samak (fish dishes) and Qouzi (roasted lamb). Enjoy a sensory feast and a glimpse into daily Kuwaiti life at this vibrant market. For more shopping options, Avenue Mall and Marina Mall are excellent choices.

If you're seeking a green and open space, Al Shaheed Park in Kuwait City is a must-visit. As the largest urban park in Kuwait, it spans 200,000 square meters and

boasts stunning botanical gardens, two museums, a visitor center, a serene lake, and extensive walkways and jogging tracks. It's an ideal destination for relaxation and cultural exploration. Similarly, Marina Beach is a popular public beach known for its clean, serene environment and stunning skyline views. It's perfect for relaxation and offers activities like bike hire, a skate park, and a playground for kids. It is nearby Marina Mall and various restaurants, an ideal spot for a day out.

Additionally, Kuwait City's culinary scene boasts rich flavours that reflect its diverse culture. Popular traditional Kuwaiti dishes include Machboos, a fragrant rice dish with tender meat or fish, and Hares, a comforting

grain-based dish. Another local favourite is Murabyan, a stuffed flatbread. Don't miss Tabbouleh, a Levantine vegetarian salad; Shawarma, a Middle Eastern wrap; and Quzi, a flavorful lamb dish served with rice, nuts, and raisins. Kuwaiti Jireesh, a traditional porridge made from spelt wheat and cooked with meat, onions, and tomatoes, is also a popular choice.

FOR THOSE WITH SPECIFIC DIETARY PREFERENCES, KUWAIT OFFERS A VARIETY OF INTERNATIONAL RESTAURANTS, RANGING FROM MEDITERRANEAN TO ASIAN CUISINE.

Kuwait City's cultural landscape is as vibrant as its culinary scene. The city hosts festivals and cultural events throughout the year, celebrating everything from Kuwaiti heritage to global cultures. Visitors can explore local art at the Kuwait National Museum or enjoy the lively Kuwait International Fair, showcasing the nation's innovative spirit.

Arabic is the official language of Kuwait, with Modern Standard Arabic used in formal contexts and Kuwaiti Arabic for everyday conversations. If you're concerned about language barriers, rest assured that English is widely spoken and understood, especially in tourist areas and business settings, ensuring smooth communication throughout your visit.

In Kuwait City, you can use public transportation like CityBus, though it may not be frequent. Taxis are widely available, and ride-hailing services like Uber and Careem are convenient options. Renting a car is popular for those who want more flexibility and ease in getting around.

Most tourists, including Nepali citizens, require a visa to visit Kuwait. The Tourist Visa, valid for up to 90 days, is the most common option for short stays. Applicants need a valid passport, a completed visa application form, passport-sized photos, proof of sufficient funds, a confirmed return ticket, and accommodation details along with academic certificates.

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PROMOTING POKHARA AND GAUTAM BUDDHA INTERNATIONAL AIRPORTS

-Hansha Raj Pandey, Deputy Director General - Civil Aviation Authority of Nepal

Nepal's journey towards economic growth and a crucial international presence is closely tied to the development of its aviation sector. Central to this vision are Pokhara and Gautam Buddha International Airports. Through smart improvements and innovative policies, these airports aim to attract international airlines, offer better services to passengers, and boost the economy. This article explores the key steps and changes that are helping these airports grow and shape the future of Nepal's aviation industry.



**THE FUTURE OF NEPAL'S
AVIATION INDUSTRY LOOKS
PROMISING, WITH POKHARA
AND GAUTAM BUDDHA
INTERNATIONAL AIRPORTS
LEADING THE WAY AND
SETTING AN EXAMPLE FOR
FUTURE INFRASTRUCTURE
PROJECTS.**

KEY REFORMS TO ATTRACT AIRLINES

To make these airports more appealing to international airlines, the government has introduced several changes to lower costs and improve services.

Lower Fuel Prices: The government has reduced aviation fuel prices to the break even point, significantly cutting down operational costs for airlines. This reduction could decrease airline operating costs by about 8%, making these airports more attractive to carriers.

Reduced Airport Fees: To further attract airlines, the government offers a 100% waiver on landing, parking, and navigation fees, along with a 75% discount on ground handling charges. These measures aim to reduce costs and encourage more airlines to use these airports as strategic hubs.

5th Freedom Rights: This policy allows airlines to operate flights between two foreign countries as part of their services to and from Nepal, making Pokhara and Gautam Buddha International Airports more appealing as stopover points for international flights.

Code-Sharing Opportunities: New code-sharing policies will promote partnerships between airlines, expanding the range of destinations available through these airports and improving international connections.

Carrying Domestic Passengers: Nepali international airlines flying between these airports will be allowed to carry domestic passengers, helping to fill more seats and offer more travel options within Nepal.

Better Landing Capabilities: Both airports are equipped with Instrument Landing Systems (ILS) and are developing more advanced navigation procedures. These will support safe flights in all weather conditions and reduce approach times, increasing flight reliability and efficiency.



Photo Courtesy : Civil Aviation Authority Nepal

BENEFITS FOR PASSENGERS

Passengers flying from Pokhara and Gautam Buddha International Airport will enjoy several benefits, including cost savings and improved services.

No Passenger Service and Tourism Fees:

Passengers will no longer need to pay the Rs 3,000 passenger service fee or the Rs 1,000 tourism fee, saving a total of Rs 4,000 per ticket. This significant reduction in ticket prices aims to attract more budget-conscious travellers.

Cheaper Tickets: The reduction in operating costs, combined with special offers for airlines, is likely to lower the cost per seat, allowing airlines to offer more affordable tickets to passengers.

Better Transport Links: The government is working to improve transportation links between the airports and city centres, ensuring that travellers have convenient and comfortable options. These will make the airports more attractive, especially for tourists and business travellers.

IMPROVING GOVERNMENT SERVICES

The government is making several improvements to enhance the overall travel experience and simplify processes for passengers, especially those travelling abroad for work.

New Quarantine and Immigration Facilities: New quarantine centres will be built, and current immigration offices will be fully functional to ensure smooth and efficient processing of passengers.

Visa Centres and Labour Services: Plans are in place to set up visa centres and provide labour-related services directly at Pokhara and Bhairahawa airports. It will reduce the need for travellers to go to Kathmandu, making it easier for those seeking work abroad.

Cargo and Trade Support: These airports will also play an important role in cargo operations, helping to transport goods and products. It will boost trade opportunities for local businesses and contribute to regional economic growth.

PROMOTING AND COORDINATING INTERNATIONAL EFFORTS

To establish Pokhara and Gautam Buddha International Airports hubs, the government is actively promoting these airports and collaborating with other countries.

Working with Other Countries: The government will collaborate with strategic destination countries to simplify visa processes and make travel smoother for passengers flying from these airports. This effort aims to make Nepal a more attractive travel destination.

Tourism Promotion: In partnership with the Nepal Tourism Board, these airports will be promoted internationally as gateways to Nepal's rich cultural, religious, scenic, and leisure attractions. Targeted campaigns will focus on markets with high tourism potential.

UNLOCKING GROWTH POTENTIAL TOGETHER

The broad reforms and incentives for developing and promoting Pokhara and Gautam Buddha International Airports aim to "Unlock Growth Potential - Together." By working together, the government, airlines, and passengers can transform these airports into regional aviation hubs that drive economic growth, boost tourism, and improve Nepal's global standing.

As these airports develop, they will help in creating new opportunities for economic growth and contributing to the country's overall progress. The future of Nepal's aviation industry looks promising, with Pokhara and Gautam Buddha International Airports leading the way and setting an example for future infrastructure projects.



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A Tibetan woman wearing a traditional dress holds a prayer wheel in her hand as she strolls along Barkhor Street in **Lhasa, Tibet**.



UNFORGETTABLE LHASA ADVENTURE

By Heena Shrestha

Winning Best Employee of the Year 2023 felt like hitting the jackpot! My reward? A fully sponsored 12-day trip to Lhasa. Excitement bubbled as I packed my bags, ready for this epic adventure with my colleagues. To my delight, my parents decided to join us, gradually turning the trip into a family affair.



Our journey began with a direct flight from Kathmandu to Lhasa with Himalaya Airlines, which offered the quickest route and excellent service. As the plane ascended northwards, we were treated to stunning views of the Himalayas, including the majestic Mt. Everest. It felt like we were flying through a postcard!

Upon landing in Lhasa, we were greeted by reporters since it was the first commercial flight of Himalaya Airlines connecting Kathmandu to Lhasa—a grand entrance indeed! However, the high altitude quickly made itself felt. My parents and I experienced difficulty breathing and had to rest with

oxygen in our hotel room. Thankfully, the hotel's excellent oxygen facilities made it easier to adjust.

The first couple of days were challenging due to the altitude, but we gradually acclimatised. Obtaining daily permits to visit different sites in Lhasa was another hurdle, but our guides efficiently handled all the paperwork, allowing us to enjoy our visit with ease.

Over the next eight to nine days, we explored Lhasa's most iconic landmarks. Our adventure began at the Jokhang Temple, the spiritual heart of Tibetan Buddhism, where we were immersed in the energy of pilgrims from all over Tibet. Strolling through Barkhor Street, we soaked in the local culture, with bustling markets and vibrant street life. The day concluded at Sera Monastery, where we witnessed the famous monk debates—a captivating display of intellect and tradition.

On the third day, we visited Drepung Lamasery, once the largest monastery in the world. The sprawling complex offered a deep insight into Tibetan monastic life, leaving us awestruck by its historical significance and spiritual depth. We also explored Norbulingka, a surrounding park in Lhasa, Tibet, built from 1755.

The scenic drive from Lhasa to Tsedang, a 200-kilometre journey taking about four hours, included a visit to Trakdug Temple. Our group, eager for a more thrilling experience, found Yumbu Lhakang—the first palace of Tibet—particularly exciting. Perched majestically on a hill in the Yarlung Valley, the palace offered spectacular panoramic views as we rode horseback through the serene Tibetan landscape. It was the perfect way to end our day of exploration.

On New Year's Day, we travelled from Tsedang to Gyantse, a 320-kilometre journey of about 5.5 hours. The highlight was Yamdrok Lake, one of Tibet's three largest sacred lakes. The turquoise waters, surrounded by snow-capped mountains, created a picture-perfect



**"ALTHOUGH THE HIGH
ALTITUDE HIT US HARD,
IT DID NOT STOP ME
FROM ENJOYING THE
ROOF OF THE WORLD."**

scene. We spent hours soaking in the natural beauty and even took photos with giant Tibetan mastiffs—huge, yet adorable! We also visited Karola Glacier, with its stunning ice formations.

Day six began in Gyantse, where we explored the historical Khubum Stupa. The journey then continued to Shigatse, a 90-kilometre drive of about two hours, filled with awe-inspiring views. Far from Nepal, we missed Nepali Daal Bhat, so our guide took us to a Nepali Thakali restaurant. Nepali Daal Bhaat felt like heaven to us, adding a special touch to our trip. The return journey to Lhasa, covering 280 kilometres in about five hours, provided more opportunities to admire Tibet's stunning landscapes.

During the second-to-last day of our adventure, we visited Drepung Monastery, one of the largest in Tibet, delving into the rich history and traditions of Tibetan Buddhism. We followed this with a walking tour of the old town of Chengguan, offering a chance to experience the local culture, cuisine, and daily life of the Tibetan people—a perfect conclusion to our nine-day adventure.

On the final day, we explored the iconic Potala Palace, the majestic heart of Tibetan culture and spirituality. With its towering white and red walls and intricate architecture, the Potala Palace

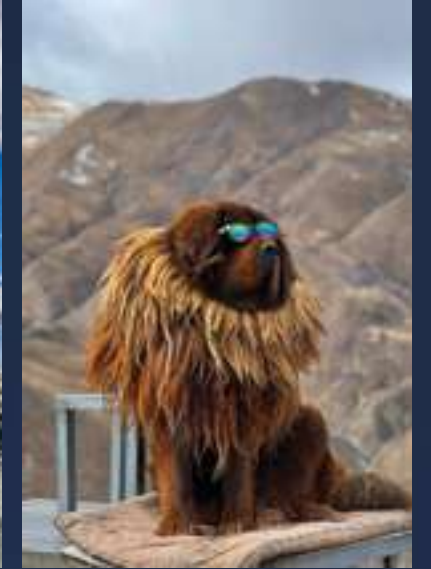


is a strong symbol of Tibetan Buddhism and represents Tibet's rich history and culture. We took photos in front of this iconic structure wearing Tibetan dress, wandering around in the outfits for most of the evening.

Throughout our journey, we were struck by the resilience and spirituality of the Tibetan people. Their deep connection to their faith and land was evident in every aspect of their lives, leaving a lasting impression on us. The unique and delicious Tibetan cuisine was another highlight. From momos to thukpa, every meal was a delightful experience. We also tried yak butter tea, a traditional Tibetan drink, which was surprisingly comforting in the chilly weather. Local restaurants offered a variety of dishes that catered to both adventurous and conservative tastes. We often ended our dinners with singing and dancing.



Initially, I thought winter would be the worst time to visit, but it turned out to be the best. The weather was on our side, with clear skies and pleasant temperatures, making our explorations even more enjoyable. The crisp mountain air and vibrant blue skies added to the overall charm of the trip, and the breathtaking landscapes under clear skies were unforgettable.



In addition to the cultural and natural wonders, we also had the chance to interact with the local Tibetan people. Their warmth and hospitality made us feel welcome and added a personal touch to our journey. We learned about their customs, traditions, and way of life, which enriched our understanding of Tibetan culture.

One of the major highlights of the trip was the shopping experience. During the last three days,

we focused on exploring the local markets. Shopping in Lhasa was an adventure in itself. Despite not knowing the local language, we navigated the bargaining process using a calculator to display prices, adding a fun twist to the experience. We managed to score some fantastic deals along the way.

My trip to Lhasa was an unforgettable adventure filled with breathtaking views, cultural experiences, and a few challenges that made the journey even

more memorable. Winning Best Employee of the Year not only recognised my hard work but also gave me the opportunity to create lasting memories with my family and colleagues. The majestic landscapes, the rich cultural heritage of Tibet, and the warm hospitality of Himalaya Airlines made this trip a once-in-a-lifetime experience. I returned home with a heart full of wonderful memories and a deeper appreciation for the beauty and diversity of our world.



Celestial Insights

YOUR FINANCIAL AND HEALTH OUTLOOK FOR THE YEAR AHEAD



★ ARIES ★

March 21st - April 19th

Aries should focus on financial stability by avoiding impulsive spending and researching investments carefully while managing debts and preparing for potential windfalls. Balance physical activity with mental well-being, engage in adventure sports to channel your energy, and ensure adequate rest to avoid burnout and maintain emotional stability.



★ TAURUS ★

April 20th - May 20th

Taurus may see financial gains from overdue raises and overlooked assets, with unconventional opportunities opening up. Focus on saving rather than spending, and enhance your overall wellness through clean eating, regular exercise, and mindful practices to manage stress effectively.



★ GEMINI ★

May 21st - June 20th

Gemini has a promising financial outlook; it's an ideal time for expanding business ventures and diversifying assets. Prioritise regular exercise, mindful eating, and rest to balance work and self-care. Connecting with nature or taking up a sport can enhance your well-being and stress management.



★ LIBRA ★

September 23rd - October 22nd

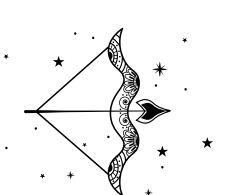
Librans will see increased earnings and extra income, with investments likely to pay off. Seek advice for high-risk ventures and watch for unexpected gains. Prioritise regular exercise, a balanced diet, and stress management to maintain your health.



★ SCORPIO ★

October 23rd - November 21st

Scorpios can expect financial gains with Jupiter's support. Focus on wise investments and health through a balanced diet, exercise, and stress management. Regular check-ups will keep you in great shape.



★ SAGITTARIUS ★

November 22nd - December 21st

Sagittarians will enjoy steady cash flow but should save wisely and prepare for unexpected expenses. Focus on self-growth and investments. For health, manage stress through a balanced diet, regular exercise, and self-care to maintain overall well-being.



★ CANCER ★

June 21st - July 22nd

Cancer can anticipate financial growth and windfalls but should balance spending and saving. For health, regular exercise, balanced nutrition, and meditation will manage stress and enhance vitality, with holistic therapies or a vacation providing extra rejuvenation.



★ LEO ★

July 23rd - August 22nd

Lions can expect a generous flow of finances but must manage spending wisely. Focus on real estate and stocks for substantial gains. Prioritise your health with regular workouts, a balanced diet, and practices like yoga and meditation to maintain mental calm.



★ VIRGO ★

August 23rd - September 22nd

Virgos can expect a mix of financial gains and challenges. Make smart investments and keep savings for unexpected expenses, regularly revisiting your budget. Focus on mindful living, stress management, and balancing work and leisure to nurture both your mind and body.



★ CAPRICORN ★

December 22nd - January 19th

Capricorns will see a boost in savings from smart investments and career success. Avoid impulse spending and focus on judicious saving and investing. Balance personal and professional life with regular exercise, a healthy diet, and stress-relieving activities.



★ AQUARIUS ★

January 20th - February 18th

Aquarians can expect financial relief and investment gains this year. Manage spending wisely and consult advisors for planning. Prioritise self-care, balanced nutrition, and exercise for better health. Embrace holistic wellness and stress-relief practices, but watch for minor health issues.



★ PISCES ★

February 19th - March 20th

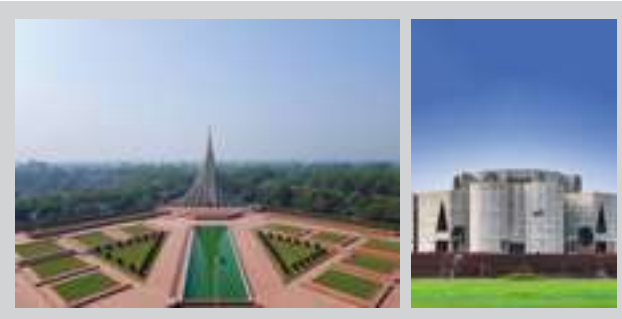
Pisces, manage your finances wisely—save and invest, but watch for unexpected expenses. Prioritise health with regular exercise, a balanced diet, and stress-relief practices like meditation

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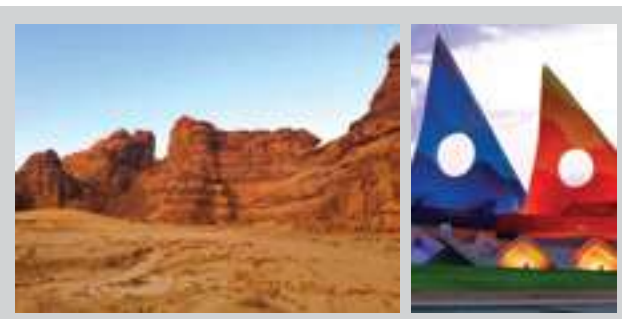
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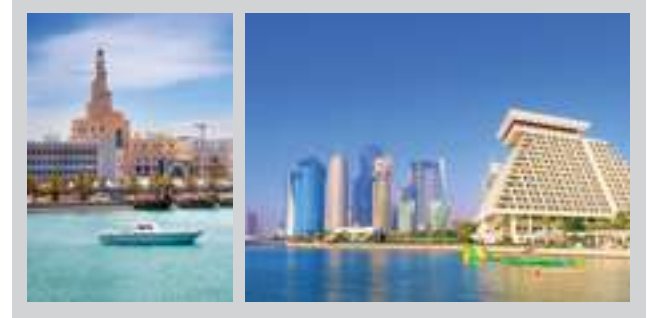
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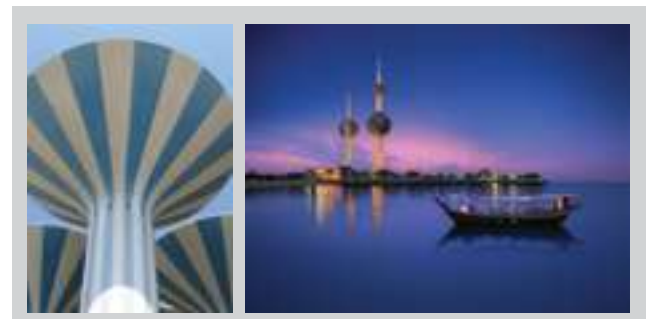
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